



Building Better Humans

POSF

PILIPINAS OBSTACLE SPORTS FEDERATION

Obstacle Sports and POSF Today

February 11, 2021



4 Sub-Sports/ Disciplines

Obstacle
Course Racing
(OCR)



Ninja

Adventure
Racing



Parkour





All Distance

Building Better Humans
POSF
PILIPINAS OBSTACLE SPORTS FEDERATION

3 OCR Tracks: Roads to the Worlds

100m-400m-1K

3K-15K

21K-up

All Sectors



Able-bodied

Para-athlete

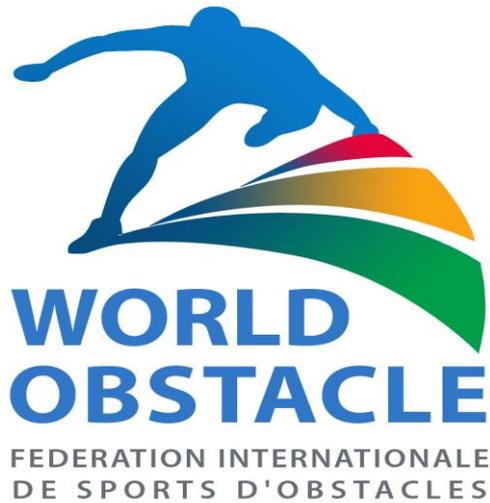


Masters/
Seniors

Youth/
Kids



Affiliations: Sole and Exclusive





OBSTACLE
SPORTS FOR ALL
EVERYWHERE



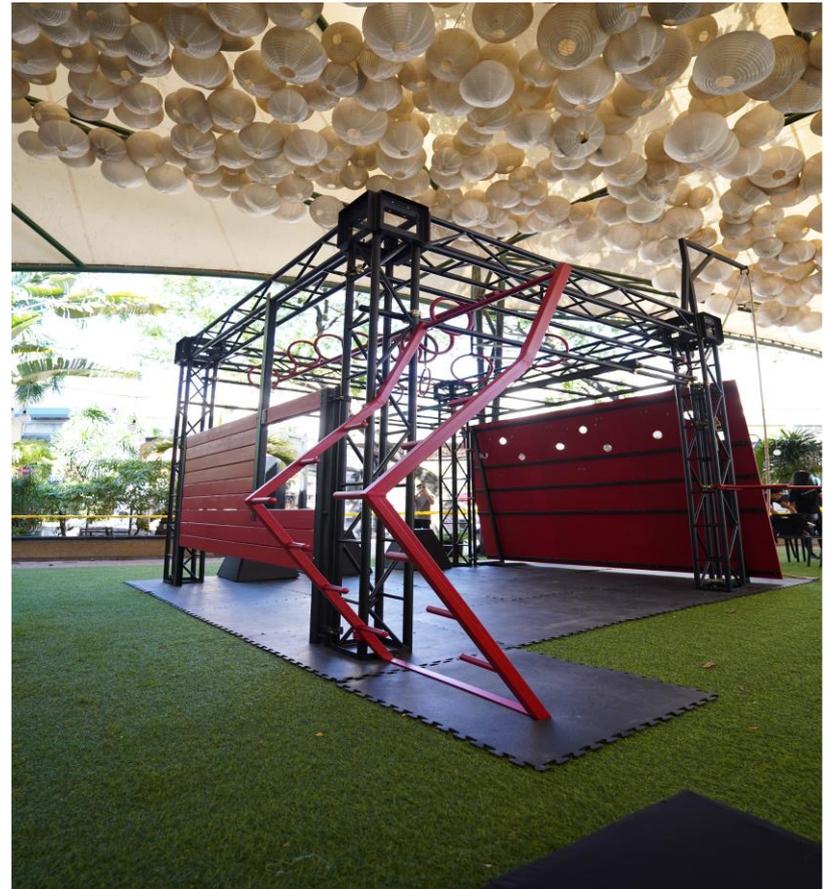
POSF shall continue to thrive in 2021. It shall:

(3) Kick-off Project 7-8. Potential athletes aged 15 to 22 years old will be identified and trained.



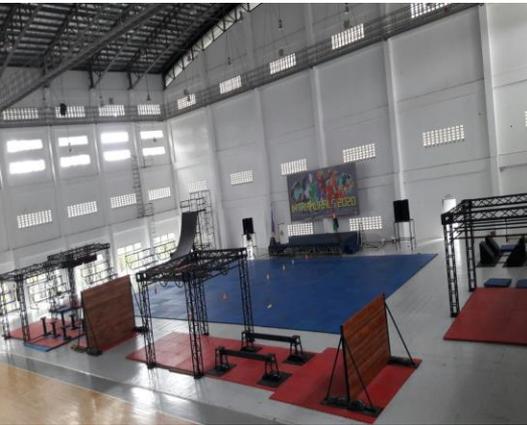
POSF shall continue to thrive in 2021. It shall:

(5) Launch some 20 12-in-1- Obstacles-in-a-Box until May all over the country. Competitions using the Boxes will start in February.



POSF shall continue to thrive in 2021. It shall:

(6) Set up Permanent Ninja facilities in 4 areas.



POSF shall continue to thrive in 2021. It shall:

(7) Pursue the Rockstar program (online workout sessions then face-to-face) for Kids with Visual, Hearing and Intellectual Disabilities, Kids with HIV and Street Children, and soon, Kids being treated at Philippine Children's Medical Center. Program is handled by volunteer coaches-athletes.



POSF shall continue to thrive in 2021. It shall:

(8) Promote Obstacle Sports and Athletes in social media, post videos in TikTok and YouTube. POSF shall enter into a Barter Agreement with TikTok to promote Obstacle Sports.



POSF shall continue to thrive in 2021. It shall:



(9) Help design and hold webinars for Obstacle Sports-Physical Education programs for universities and colleges. Obstacle Sports will be introduced in some 5 to 10 universities and colleges this year, including the newly-created National Academy for Sports.

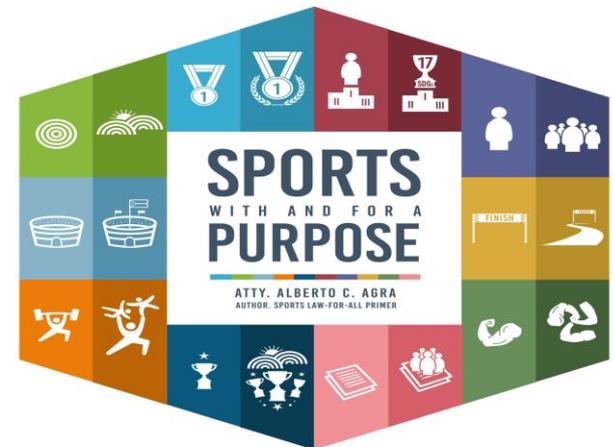
POSF shall continue to thrive in 2021. It shall:

(10) Sign some 10 memorandums of understanding with local government units for the inclusion of Obstacle Sports in their community and youth development programs.



POSF shall continue to thrive in 2021. It shall:

(11) Be a prime mover in the Obstacle Sports Federation Asia Pacific and in the formation of the Association of Community Sports Advocates, and the adoption of the Sports-for-a-Purpose ordinance.



THANK YOU.